



GET INFORMED

ABOUT 54 MILLION AMERICANS HAVE OSTEOPOROSIS.

KNOW YOUR RISK!

COME JOIN US TO LEARN HOW TO MAINTAIN STRONG HEALTHY BONES.

If you have not scheduled your Bone Density Screening, you may do so at the conclusion of the presentation.

The Office of Human Resources

Invites you to a LUNCH & LEARN Seminar

What is Bone Health?

presented by:

**Student led program under the direction of
Dr. Toni LaSala, Department of Kinesiology**

Where: Library Paterson Room 213

Date: September 13, 2016

**Time 12:00 pm—1:00 pm, and again
1:00 pm—2:00 pm**

Please RSVP via email to HUMANRESOURCES@wpunj.edu
and indicate which of the time provided you are available to attend.

For questions, please contact us via email or call us at extension 2887.

